



a program of Prevent Child Abuse America

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HOW HFA Supports Protective Factors

The Center for the Study of Social Policy has defined 5 protective factors:

1. Knowledge of parenting and child development
2. Parental resilience
3. Social connections
4. Concrete support in times of need
5. Nurturing and attachment (social and emotional competence of children)

Protective factors are incorporated into every Healthy Families America program through the program goals and critical elements. In addition, home visitors take steps to foster and support the growth of protective factors in program families.

1. Knowledge of Parent and Child Development

Goal #2: Cultivate and strengthen nurturing parent-child relationships

Goal #3: Promote healthy childhood growth and development

Critical elements:

#5: Cultural Sensitivity

#6: Support for parents as well as children, parent-child interaction and child development, goal setting,

#7: Community linkages

#11: 3, 6, & 12- month trainings requirements

#12: Supervision

Home visitor activities:

Parent Survey

Values activity

“What I’d Like for my Child”

Developmental Screening

Depression screening

Reflective Strategies

Goal Setting

Curriculum

Protective Factors: The Center for the Study of Social Policy, www.cssp.org, www.strengtheningfamilies.net

2. Parental Resilience

Goal #4: Enhance family functioning by reducing risk and building protective factors

Critical Elements

#3 Voluntary choice & trust building

#5 Cultural Sensitivity

#6 Support for parents as well as children, parent-child interaction and child development, goal setting

#7 Community linkages

#12 Supervision

Governance

Home visitor Activities:

Creative Outreach

Trust Builders

Strong Families

Values Activity

Problem Talk & Reflective Strategies

Goal Setting

Initial Assessment/Parent Survey

Strength-based Beliefs for Change

5 Guideposts

Curriculum

3. Social Connections

Goal #1: Build & sustain community partnerships to systematically engage overburdened families in home visiting svcs prenatally or at birth

Goal #4: Enhance family functioning by reducing risk and building protective factors

Critical Elements

#1: Initiate services prenatally or at birth

#2: Utilize a standardized assessment tool to identify strengths and needs

#7: Community linkages

Governance

Home visitor activities:

Creative engagement

Problem Talk

Parent Groups

Goal Setting

Curriculum

Strong Families

4. Concrete Support in Times of Need

Goal #1: Build & sustain community partnerships to systematically engage overburdened families in home visiting svcs prenatally or at birth

Goal #4: Enhance family functioning by reducing risk and building protective factors

Critical Elements:

#1: Initiate services prenatally or at birth

#2: Utilize a standardized assessment tool to identify strengths and needs

#4: Provide services intensively for minimum of 6 months

#7: Community linkages

Governance

Home visitor activities:

Parent Survey

Engaging dads

Strong Families

Problem Talk

Goal Setting

Communication Strategies

Advocacy

Curriculum

5. Social and Emotional Competence of Children

Goal #2: Cultivate and strengthen nurturing parent-child relationships

Goal #3: Promote healthy childhood growth and development

Critical Elements:

#6: Support for parents as well as children, parent-child interaction and child development, goal setting

Home visitor activities:

Parent Survey

Values Activity

Prenatal Attachment Questions

Labor and Birthing Attachment Questions

“What I’d Like for my Child”

Developmental Screening

Explore and Wonder

Strategic Accentuating the Positive

Feel Felt Found

Normalizing

Goal Setting

Curriculum